

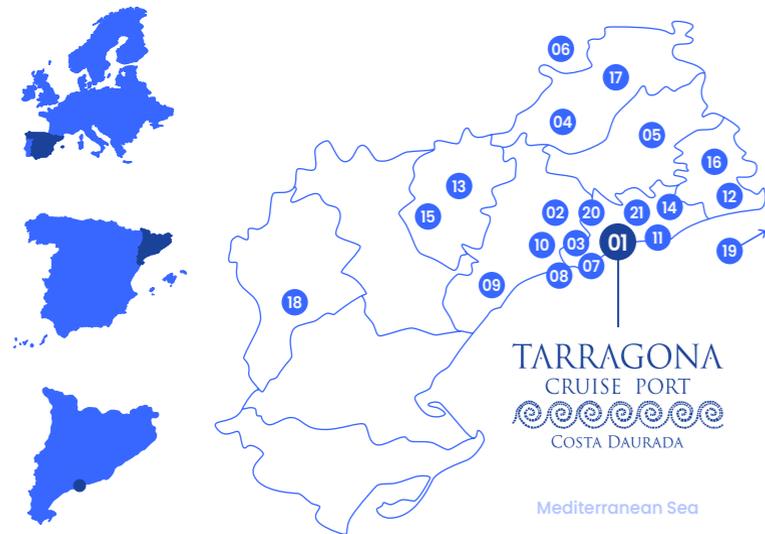
# TARRAGONA, A MEDITERRANEAN SECRET

TARRAGONA  
CRUISE PORT  
  
COSTA DAURADA





# WELCOME TO COSTA DAURADA



**25°C** SUMMER **10°C** WINTER

## Main attractions and approximate times from the port

### MAIN CITIES

- 01 Tarragona > 10'
- 02 Reus > 19'
- 03 Vila-seca, la Pineda Platja > 10'

### CISTERCIAN ROUTE

- 04 Poblet Monastery > 45'
- 05 Santes Creus Monastery > 37'
- 06 Vallbona de les Monges Monastery > 58'

### PORTAVENTURA WORLD

- 07 PortAventura Park, Ferrari Land & Caribe Aquatic Park > 16'

### GOLF COURSES

- 08 Infitum Golf > 19'
- 09 Golfstar Cambrils > 23'
- 10 Gaudí Reus Golf Club > 23'
- 11 Golf Costa Daurada > 16'
- 12 Pitch & Putt Golf Vendrell > 35'

### WINE TOURISM

- 13 DOC Priorat > 40'
- 14 DO Tarragona > 20'
- 15 DO Montsant > 40'
- 16 DO Penedès > 44'
- 17 DO Conca Barbera > 43'
- 18 DO Terra Alta > 1h 10'

### AIRPORTS

- 19 Barcelona Airport > 55'
- 20 Reus Airport > 13'

### TRAIN STATIONS

- 21 High speed train station > 20'
- 01 City train station > 8'

# TARRAGONA, UNESCO DESTINATION



## → The exquisite flavour of time.

The archaeological remains of old Roman Tarraco, considered a World Heritage Site since 2000, is recognized internationally by UNESCO, which recently declared it a site of Outstanding Universal Value, the highest category attainable.

What's more, the area is home to the Monastery of Poblet, a UNESCO World Heritage Site; the Ebre Delta, a UNESCO Biosphere Reserve; and human towers and Mediterranean cuisine, declared UNESCO Intangible Cultural Heritage of Humanity.



**INTANGIBLE CULTURAL HERITAGE OF HUMANITY**  
Tarragona, region of human towers



**BIOSPHERE RESERVE**  
Ebre Delta



**INTANGIBLE CULTURAL HERITAGE OF HUMANITY**  
Mediterranean cuisine



**WORLD HERITAGE**  
The roman legacy of Tarragona



**WORLD HERITAGE**  
Poblet monastery

# ARCHAEOLOGICAL ENSEMBLE OF TARRACO

→ A fascinating trip into the ancient past.



Amphitheatre

WORLD  
HERITAGE  
UNESCO

UNIVERSAL  
EXCEPTIONAL VALUE  
SINCE 2015

WORLD  
HERITAGE SITE  
SINCE 2000



Walls – Archaeological Walkway

## YOU CAN'T MISS...

### 8 UNESCO monuments in the city centre

- Amphitheatre
- Praetorium and Roman Circus
- Provincial Forum
- Temple (imperial cult complex)
- City walls
- Local Forum
- Roman Theatre
- Paleochristian Museum and Necropolis

### 6 UNESCO monuments in the nearby

- Aqueduct
- Centcelles monument ensemble
- Scipio Tower
- Mèdol Quarry
- Els Munts Villa
- Berà Arch

Tarraco was the capital of the Roman empire's largest province, Hispania Citerior, which spanned over half the Iberian Peninsula. It became a major hub and this era saw the region's greatest urban growth.

The main aim of the Roman Route is to offer visitors the chance to experience history through the city's major surviving monuments. These date back to the time when Tarraco was at the peak of its grandeur.



Roman Circus



Tarragona Cathedral

# MEDIEVAL TARRAGONA

→ Follow in the footsteps of legends.

The city of Tarragona is home to a number of monuments that give testimony to its medieval past. Abundant remains from Roman times are complemented by and coexist alongside Tarragona's rich medieval heritage, reaching their utmost expression in the city's cathedral,



Tower of the Nuns (Roman Circus)

as well as other exceptional examples of medieval art and architecture.

Strolling through the city, visitors will discover jewels like the city walls, museums, ancient structures, the Chapel of St. Paul, the king's castle and the cathedral - the city's most emblematic building and home to Tarragona's richest collection of medieval art.

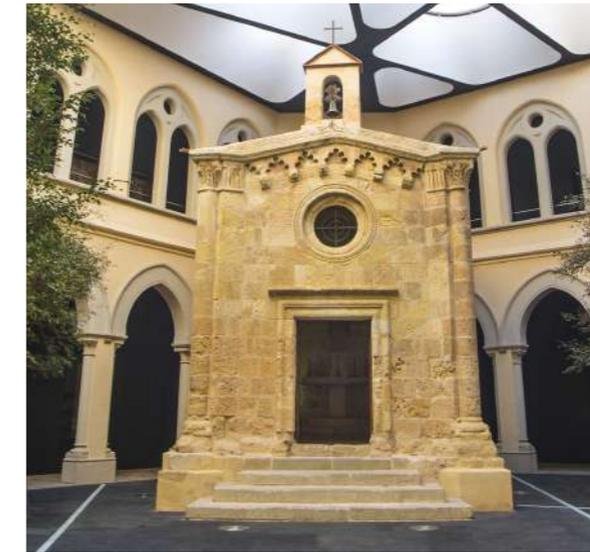


Tamarit Castle

## YOU CAN'T MISS...

### Tarragona medieval route

- City walls
- Pla de la Seu
- Cathedral
- Cloister
- Diocesan Museum
- Chapels of St. Paul and St. Tecla
- Church of St. Llorenç
- Old Santa Tecla Hospital
- Jewish quarter
- King's castle
- Provost's castle
- Church of Our Lady of the Miracle
- Tamarit castle



Chapel of Sant Pau

# ART NOUVEAU HERITAGE OF REUS

## → Admire the mark of genius.

Reus is a typical Catalan city, internationally recognized for its important Art Nouveau heritage and for its close link with the architect Antoni Gaudí, as well as being an ideal shopping destination.



Hall of the Distinguished Pavilion of the Pere Mata Institute

In the late 19<sup>th</sup> and early 20<sup>th</sup> centuries some great Catalan Modernist buildings were constructed in Reus, making it the most important Catalan Modernist city in Catalonia after Barcelona.

You can visit the Gaudí Centre, a modern interactive museum dedicated to the life and works of Gaudí, where visitors can also find out more about the important architectural heritage of the city.



## YOU CAN'T MISS...

- Visit the Gaudí Centre and learn about Gaudí's art education and the secrets of his architecture.
- Navàs House is one of the best examples of Catalan Modernism in Europe, notable for the excellent state of preservation of its magnificent interior decor.
- Try Reus' famous vermouth in the different tastings along the Vermouth Route.
- Take a stroll through Reus' shopping area and discover the many top brands and great variety of local products there.



"Gaudí boy" by the sculptor Artur Aldomà

# POBLET

## AND THE CISTERCIAN ROUTE

→ A gem of the Cistercian Route.



WORLD  
HERITAGE  
UNESCO

WORLD  
HERITAGE SITE  
SINCE 1991

NATURAL PLACE OF  
NATIONAL INTEREST  
SINCE 1984



Costa Daurada's interior is home to a fascinating mystical and religious legacy. The Cistercian Route links three monasteries, a set of architectural, historical and cultural monuments of great interest from Catalonia's illustrious medieval past.

Among these is the Poblet Monastery, which remains active even today, and has been declared a World Heritage Site by UNESCO.

Montblanc



### YOU CAN'T MISS...

- Delve into the Poblet Nature Park on a hiking path to the Mirador de la Pena.
- Nearby you can visit Montblanc, declared a Collection of Historical-Artistic Monuments in 1947, which preserves a large part of the medieval walled town.
- Take your bike on the GR®175, The Way of the Cistercian Route! The only path that connects the Monasteries of Poblet, Santes Creus and Vallbona de les Monges.



Poblet Cloister

# THE EBRE DELTA



→ An incredible and unique landscape.

BIOSPHERE  
RESERVE  
UNESCO

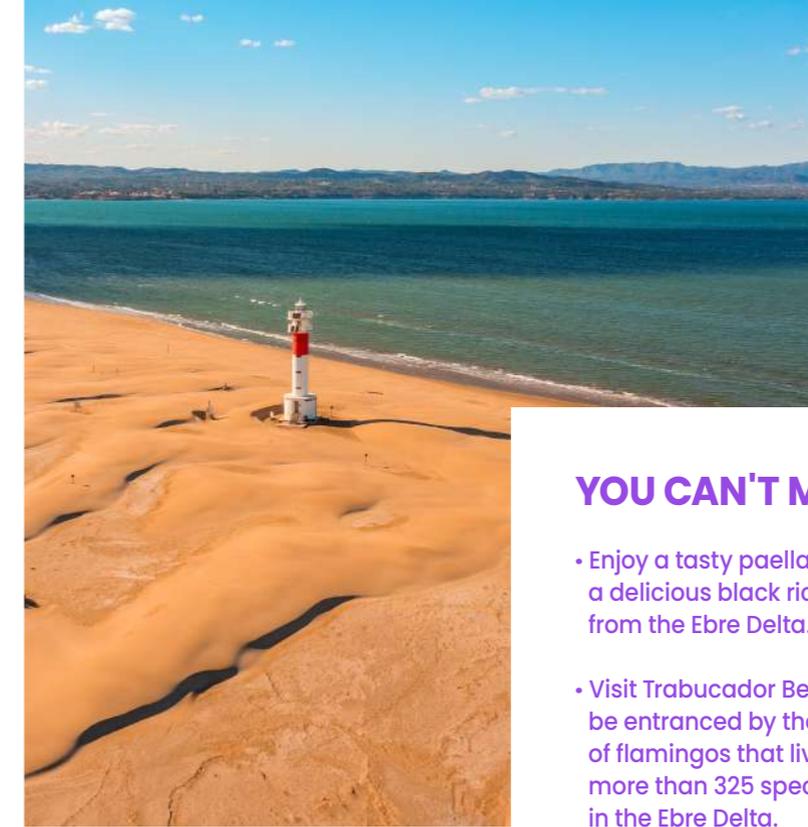
BIOSPHERE  
RESERVE  
SINCE 2013

GLOBAL TOP 100  
SUSTAINABLE DESTINATION  
SINCE 2018

The Ebre Delta is a rich and diverse region where the waters of the Ebro cross rice fields, lagoons and sand flats until finally merging into the Mediterranean Sea.

The Ebre Delta is a land of great biological richness, perfect for birdwatching, especially during the migration season, since it's home to more than 325 species, 60% of the species in Europe.

UNESCO declared the Terres de l'Ebre to be a unique area of natural and human interest, the only one of its kind in the world, and bestowed on it the recognition of Natural Biosphere Reserve.



Lighthouse of Fangar

## YOU CAN'T MISS...

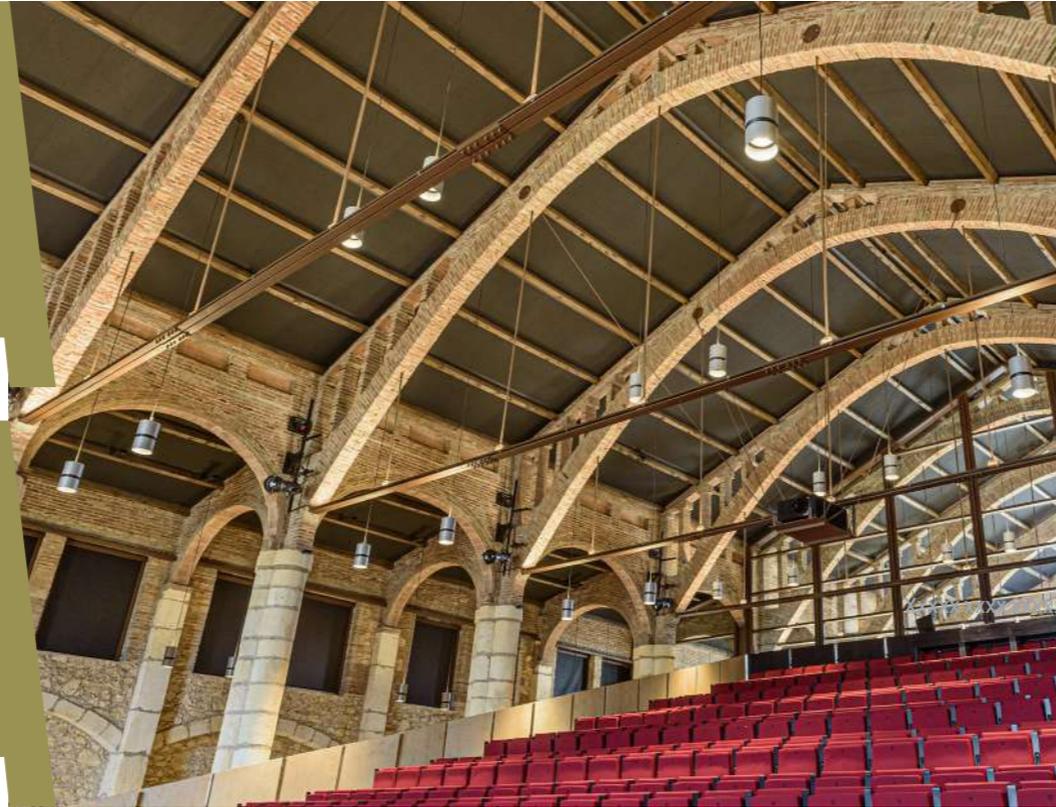
- Enjoy a tasty paella of fresh seafood or a delicious black rice made with rice from the Ebre Delta.
- Visit Trabucador Beach and let yourself be entranced by the numerous colonies of flamingos that live there, or watch the more than 325 species of birds that live in the Ebre Delta.
- Visit Rafelet Mill and discover how rice is grown and the entire process of bringing it to market, from beginning to end.
- Go for a stroll along Punta del Fangar to the lighthouse.
- Kayak the Ebre River.
- Visit Musclarium for an authentic experience with mussels and oysters accompanied by local wine and cava.



# VILA-SECA LA PINEDA

PLATJA

→ Enjoy nature, culture & wellbeing.



Vila-seca Winery

Just 10 minutes from Tarragona, an authentic oasis awaits you, where tranquil beaches with fine golden sand allow you to reconnect with nature.

There you'll find a wide variety of leisure and entertainment options, high-quality hotel facilities and great dining options featuring the finest local produce.

The seafront is one of the largest urban public spaces on the Costa Dorada, offering high-quality services and facilities in a beautiful, ecologically important natural environment.



La Pineda Beach



Vila-seca Castle

Two unique cultural sites are waiting to be explored: Celler de Vila-seca, a museum which delves into the world of wine and its history, bringing together tradition and technology,, and Castell de Vila-seca, an impressive building that offers an exhibition space for contemporary art as well as tours.

## YOU CAN'T MISS...

- **Gorgeous beaches:** discover 3 kilometres of serene, golden beaches at La Pineda.
- **Rich cultural experiences:** step into the historic charm of Vila-seca, where local heritage comes alive.
- Wander through the picturesque streets and explore centuries-old architecture.
- **Golf & wellness:** enjoy top-tier golf courses and relax in wellness centres.
- **Natural spaces:** discover beautiful parks and nature reserves, perfect for reconnecting with nature.
- Comfort and elegance **in our exclusive 4 and 5-star hotels.**

# HUMAN TOWERS



→ The most magnificent human construction.

INTANGIBLE CULTURAL  
HERITAGE OF HUMANITY  
**UNESCO**

INTANGIBLE  
CULTURAL HERITAGE  
**SINCE 2010**

*Colla Jove Xiquets  
de Tarragona*  
at Tarragona human  
tower competition

*Castells*, or human towers, began in the region of Tarragona and were based on Valencian dances. The city of Tarragona has four groups of *castellers*, and today the city lives and breathes the *casteller* tower-building spirit and ambience like never before.

When building *castells* everyone has a specific task and position, from the oldest to the youngest. If someone is missing, the tower cannot be built. A great deal of bravery is involved too.

Because this is such a spectacular and completely unique tradition, in 2010 UNESCO declared it to be Intangible Cultural Heritage of Humanity.



## YOU CAN'T MISS...

- **NEW:** The Human Tower Museum of Catalonia (MCC) will offer a museum experience that captures the hearts and minds of visitors, providing a firsthand look at this cultural phenomenon that has touched the lives of so many people for over 200 years. A visit to the MCC is a fact-based journey that culminates in the most intense emotions of a *casteller* event.
- From June to September don't miss out on all the activities happening in "Tarragona, city of human towers".
- If you are in Tarragona in October of any even year, don't miss the Biennial Human Tower Competition, the largest *casteller* event in the world.
- Visit Valls, the city considered to be the birthplace of human towers and km 0 for the world of *castellers*.

# MEDITERRANEAN DIET



INTANGIBLE  
CULTURAL HERITAGE  
OF HUMANITY  
**UNESCO**

INTANGIBLE  
CULTURAL HERITAGE  
**SINCE 2013**

## → Taste the richness of the coast.

Traditional Mediterranean flavours and aromas are the basis of Tarragona's cuisine. The area's wealth of fresh ingredients, top-quality seafood, and traditional craft products provide the inspiration for an extensive list of delicious dishes.

Romesco is a very popular traditional dish as well as a cold sauce used to accompany all kinds of foods.

One of the foundations of the local culinary tradition is olive oil, which is of an exceptionally high quality and is made in the region under a Protected Designation of Origin.



# ACTIVE TOURISM



## IN COSTA DAURADA

## → Enjoy yourself in beautiful nature.

Tarragona is ideal for all kinds of sports, especially watersports like sailing, windsurfing, rowing, water skiing, scuba diving, and more, as well as adventure sports such as mountain biking, road cycling, family bicycle tourism, quad biking, segway tours and climbing.

The Costa Daurada's excellent climate offers golfers the opportunity to enjoy their favourite sport all year round, with seven golf courses in the vicinity.

In addition, the area offers many footpaths, and its incredible countryside and excellent network of paths make walking trips an unforgettable experience.

# PORTAVENTURA WORLD

→ Made to remember.



PortAventura World is a unique holiday destination with 3 theme parks for the whole family and five 4-star and one 5-star themed hotels.

It's home to one of Europe's foremost theme parks and water parks: PortAventura Park and Caribe Aquatic Park. Also, in 2017, a third theme park dedicated to the prestigious Italian firm Ferrari was added: Ferrari Land.

PortAventura Park boasts six marvellously decorated theme areas that together create a fascinating world. There are 40 rides and up to 40 dazzling shows every day as well as more incredible surprises.

Caribe Aquatic Park is an amazing water park, an authentic Caribbean pirate island that will delight guests of all ages with its 16 exciting rides and slides.



## YOU CAN'T MISS...

- PortAventura Park continues to evolve with significant celebrations, new shows, a special theming, and a variety of surprises that enhance the experience each year.
- SesamoAventura: a fully themed area designed especially for families with children. Inspired by the characters and universe of Sesame Street, it features attractions and shows that offer an unforgettable experience for the little ones.
- From September to January, PortAventura Park is transformed with the magical seasons of Halloween and Christmas, captivating both adults and children alike.



> ACTIVE TOURISM > FAMILY LEISURE

# FERRARI LAND

→ Live the passion, feel the emotion.



Enjoy Ferrari Land for the first time ever in Europe. 70,000 m<sup>2</sup> of pure fun in a unique theme park that pays homage not only to the technological side of Ferrari, but also its role as an emblem of Italian genius and the origins of the brand.

Speed, innovation, adrenaline, leading attractions on an international scale – including Europe's highest and fastest vertical accelerator, Ferrari Land offers you a totally unique adventure that can only be experienced in this PortAventura World theme park.



## YOU CAN'T MISS...

- The Kids' Area with 5 themed Ferrari world attractions specially for the youngest ones.
- Experience speed like never before with Red Force. Standing at 112 meters, it accelerates from 0 to 180 km/h in just 5 seconds.
- Stroll through the streets of Ferrari Land, set in Italy, and enjoy recreations of emblematic buildings like the Colosseum in Rome and the St. Mark's Campanile in Venice.





# WINE TOURISM



WITH 6  
DESIGNATIONS  
OF ORIGIN

→ Explore the origin of great sensations.

Thanks to its six Designations of Origin, the Costa Daurada is home to a wide range of attractive options for touring the wine region, including winery tours, vineyard walks, festivals, wine tastings, and lunches with wine pairings.

No discussion of local wine would be complete without mentioning the DOC Priorat, one of only two regions with this distinction in Spain.



## Useful information DESIGNATIONS OF ORIGIN (DO) AND APPROXIMATE TIME FROM THE PORT

- 01 DO Tarragona > 20'
- 02 DOC Priorat > 40'
- 03 DO Montsant > 40'
- 04 DO Penedès > 44'
- 05 DO Conca de Barberà > 43'

# CELEBRATE TRADITIONS AND CULTURE



→ The living culture of a region.

Tarragona is also synonymous with festivals, and when they arrive, the celebrations spill over into the streets.

The city's countless local traditions added to the more widespread Catalan festivities mean the calendar is full year round.

The list of festivities and celebrations is extensive, both in the capital, Tarragona, and all along the Costa Daurada.



# PORT TARRAGONA TODAY

The Port of Tarragona has grown substantially in the cruise segment and has refurbished its facilities with the construction of the Balears Wharf, inaugurated in October 2021. This is an investment that serves to expand with 4 hectares (40,000 m<sup>2</sup>) space for cruise operations.

## Balears wharf

(OUTER PIER | INNER PIER)

<b>Total surface area</b>	4 hectares
<b>Length of berth</b>	461.35 m   267.4 m
<b>Maximum vessel length overall</b>	362 m   230 m
<b>Width of berth</b>	200 m   18.4 m
<b>Height of berth</b>	2.70 m   2.88 m
<b>Draught</b>	18 m   17 m
<b>Depth</b>	20 m
<b>Bottom</b>	sand, mud
<b>Type of bollards</b>	200 Tn every 25 m   200 Tn every 20 m
<b>Fenders</b>	SC-1600, 25 m apart   C-1400, 20 m apart



### 2.221 m<sup>2</sup> CONSTRUCTED SURFACE

- Luggage screening area (121m<sup>2</sup>)
- Entrance hall & Security control (293m<sup>2</sup>)
- Luggage claim, check-in, waiting area (1.187m<sup>2</sup>)
- Outside porch (397m<sup>2</sup>)
- Retail (135m<sup>2</sup>)
- Cafeteria (44m<sup>2</sup>)
- Bus parking (up to 50 slots)
- Taxi stop area

## Cruise terminal

The new Tarragona Cruise Port terminal has been meticulously designed by Global Ports Holding with a focus on functionality, eco-efficiency, and passenger comfort, incorporating environmentally friendly technologies and practices.

Safety and accessibility have been fundamental pillars in the terminal's design, with advanced measures in place to ensure a comfortable and secure experience for all passengers, including those with reduced mobility.



